

MU Pulse Crops Garden

Soybean	Edamame	Dry bean 'Soldier'	Dry bean (Pinto)	Dry bean 'Dar Red Kidney'	Dry bean 'Cannellina'	Dry bean 'Coco Rubisco'
Lima bean 'Fordhook 242'	Lima bean 'Thorogreen early'	Lima bean 'Christmas'	Lentil	Lentil 'Petite Crimson'	Lentil 'Spanish Pardina'	Lentil 'French Blue'
Fava bean 'Early violetta'	Fava bean 'Broad Windsor'	Chickpea	Cowpea 'California blackeye'	Cowpea 'Pinkeye'	Adzuki bean	Mung bean

Pulse crops are sometimes called "grain legumes". All pulse crops are annual plants in the legume family. Pods produce from one to twelve seeds of variable size, shape, and color. Pulses are used for food for humans and feed for their animals. Included in the pulses are: dry beans like pinto beans, kidney beans and navy beans; dry peas; lentils; and others. Pulses are important food crops because of their high protein and essential amino acid content.